



Louisiana Fire Soccer Camps Manual

Camp Goals

- To improve each players knowledge, technical & tactical skills while enjoying the game.
- To enhance each players understanding of the game.
- To emphasize team play and good sportsmanship.

Camp Schedule

Outdoor Camps

- 9:00 – 9:45 am – Warm Up
- 9:45 – 11:30 am – Technical Training
- 11:30 – 12:00 noon – Small Sided Games
- 12:00 – 1:00 pm – Lunch
- 1:00 – 1:30 pm – Educational Session (Video-Lecture)
- 1:30 – 2:30 pm - Tactical Training
- 2:30 – 3:00 pm – Full Sided Games

Indoor Camps

- 9:00 – 9:45 am – Warm Up
- 9:45 – 11:30 am – Technical Training
- 11:30 – 12:00 noon – Small Sided Games
- 12:00 – 1:00 pm – Lunch
- 1:00 – 1:30 pm – Educational Session (Video-Lecture)
- 1:30 – 3:00 pm - Tactical Training
- 3:00 – 4:00 pm – Full Sided Games

Breakdown of Schedule

9:00 – 9:45 am – Warm Up
10:00 – 10:25 am – 1st Rotation
10:30 – 10:55 am – 2nd Rotation
11:00 – 11:25 am – 3rd Rotation
11:30 – 12:00 noon – Small Sided Games
12:00 – 1:00 pm – Lunch
1:00 – 1:30 pm – Educational Session (Video-Lecture)
Indoors
1:30 – 3:00 pm - Tactical Training (Three 25 minute sessions)
3:00 – 4:00 pm – Full Sided Games
Outdoors
1:30 – 2:30 pm – Tactical Training (Two 25 minute sessions)
2:30 – 3:00 pm – Full Sided Games

Cost

Outdoors –

Half Day - \$100 (9:00 am to 12:00 Noon)

Full Day - \$150 (9:00 am to 3:00 pm)

Indoors –

Half Day - \$100 (9:00 am to 12:00 Noon)

Full Day - \$170 (9:00 am to 4:00 pm)

Team Discounts

Team discounts are offered to players registering with their team. 8 players or more will receive a \$10 discount per player. All registrations must be turned in at the same time.

Early Arrival and/or Late Pick Up

Louisiana Fire Camps do not provide early arrival and/or late pick up for campers. Campers must be dropped off before the start of camp and picked up by 12:00 (half day) or 3:00 (outdoors) – 4:00 pm (indoors) (full day).

What Campers Should Bring to Camp

Soccer cleats, tennis shoes, shin-guards, soccer ball and sunscreen. Full day campers should bring a lunch. Campers are welcome to bring their own fluids and snacks. For Indoor camps there will be a concession stand at the facility where campers can purchase snacks.

Refund & Cancellation Policy

CANCELLATIONS

Prior to one day before camp session begins: full refund

If you have to cancel for any reason prior to one day before the first day of camp, Louisiana Fire Soccer Camps will issue a full refund.

Once camp begins: non-refundable deposit/credit for remaining balance

A \$35 deposit becomes non-refundable and the remaining tuition paid will result in a credit for any other week in the summer of 2011.

Early departure/ No show: full or pro-rated credit

Campers who leave camp during their session due to injury or for any other reason will receive a pro-rated camp credit. Campers who do not check-in, nor attend their registered camp session will also receive a camp credit for all camp fees paid. All credits are good for another week of camp this summer, at the campsite of their choice.

Rain Out Refund Policy

Outdoor Camps -

If 2 camp days or more are rained out, a partial refund will be sent back to the families. A refund will not be distributed if only one day of camp per week is rained out.

Camp T-Shirt

Campers that attend camp for a full week will receive a camp T-shirt. Campers that do attend camp for a full week will not receive a camp T-shirt.

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